

⚡ NOT JUST A PUZZLE · TEACHER RESOURCE

RAINY-DAY · K-8

INDOOR RECESS

MEGA PACK

40+ pages of quiet indoor activities.

🧠 QUIET 🎨 DRAW 🧠 THINK ⚡ MOVE 👥 GROUP

by FERRAI WHITE · notjustapuzzle.com



About this kit

The **Indoor Recess Mega-Pack** is a print-and-go classroom resource for those rainy days when kids cannot go outside but still need to burn off energy in a calm, structured way.

Activities are organized into **5 zones** — Quiet, Draw, Think, Move, and Group — so you can offer choices, rotate small groups, or set up stations.

40+ pages: **8 themed word searches, 6 doodle prompts + 1 mandala, 8 brain teasers + logic puzzles, stand-up game cards, whole-class game instructions, and a brain-break spinner reference.**

Designed for K-8. Pick the zones your class needs most.

COPYRIGHT © 2026 NOT JUST A PUZZLE TO BE SOLVED · ALL RIGHTS RESERVED.

Licensed for non-commercial classroom use — print as many copies as your students need. Resale, redistribution, or modification for resale is prohibited without written consent.

⚡ FOR THE TEACHER

How to Use This Pack

🎯 PICK A SETUP

Choice menu (easiest) — Print 2–3 pages per zone. Spread on a table. Kids pick what they want.

Stations (3+ teachers/aides) — Assign each zone a corner. Rotate small groups every 8 minutes.

Whole-class — Use the Group zone pages — one game at a time, everyone plays.



Quiet

Word searches



Draw

Doodles,
mandalas



Think

Logic, riddles



Move

Stand-up games



Group

Whole class

💡 PRO TIPS

- Calm starts calm. Begin with a quiet zone activity for the first 10 minutes.
- End with a brain break (page 41) to reset before the next academic block.
- Kids who finish early? Hand them a different zone page. No idle hands.
- Loud class? Skip Move zone today. Stay in Quiet + Draw.



Rainy Day Things

Find all 10 words. Up, down, diagonal, forward.

E	B	O	O	T	S	V	A	E	N	E	X	D	T
T	T	Z	Y	K	Q	R	R	G	S	P	M	M	K
S	P	U	D	D	L	E	A	Q	A	I	F	P	D
P	J	U	S	T	O	R	M	I	L	V	N	X	W
L	D	W	K	B	M	D	Q	S	N	A	J	J	C
A	K	R	O	P	X	T	Q	P	R	C	T	B	H
S	D	S	U	M	B	R	E	L	L	A	O	K	M
H	T	G	L	Y	M	C	A	Q	W	T	Y	A	Q
C	S	R	O	M	U	J	Q	N	F	H	Y	I	T
L	O	M	L	W	I	Z	G	C	M	U	M	Y	A
O	G	T	C	M	K	S	K	S	M	N	F	V	U
U	G	X	X	K	A	T	T	K	I	D	D	O	S
D	Y	D	R	O	P	S	N	X	U	E	G	A	Y
S	U	M	C	X	V	V	N	A	X	R	H	N	O

☐ UMBRELLA☐ BOOTS☐ SOGGY☐ PUDDLE☐ SPLASH☐ STORM☐ RAINCOAT☐ THUNDER☐ CLOUDS☐ DROPS



Library

Find all 10 words. Up, down, diagonal, forward.

E	Y	W	H	S	M	K	D	I	T	E	V	X	B
O	F	P	H	H	T	A	O	C	G	M	A	A	C
S	F	C	G	O	T	I	R	T	K	Y	F	T	S
M	C	V	Z	L	S	H	E	L	V	E	S	J	T
M	N	F	A	W	R	E	A	D	E	R	F	S	U
F	O	S	F	D	N	T	Y	M	A	R	I	I	D
I	V	F	V	F	L	Q	Y	T	L	W	C	L	Y
A	E	X	M	B	Q	K	I	J	P	E	T	E	L
V	L	P	O	R	O	T	X	O	Y	J	I	N	K
Z	P	K	D	J	L	R	E	H	N	B	O	T	N
G	T	K	E	E	E	T	R	Y	Z	T	N	R	D
X	Y	K	N	T	R	C	K	O	P	O	M	Q	S
X	U	W	H	Y	S	I	T	G	W	P	T	V	C
R	X	K	N	X	X	X	J	B	U	C	J	Y	V

☐ SHELVES☐ ATLAS☐ READER☐ NOVEL☐ STUDY☐ TITLE☐ FICTION☐ BORROW☐ POETRY☐ SILENT



Pet Friends

Find all 10 words. Up, down, diagonal, forward.

X	F	K	N	L	N	Q	E	D	U	S	O	R	P
Y	V	R	F	X	T	Y	N	C	M	B	N	R	U
A	K	Z	M	V	X	F	E	R	R	E	T	U	P
I	C	R	O	E	J	B	C	O	L	L	A	R	P
W	L	E	C	E	B	U	N	N	Y	S	E	B	Y
O	N	G	W	G	I	T	G	C	Q	U	G	B	F
L	I	Z	H	W	O	H	O	K	I	C	Z	S	S
Z	P	W	A	C	N	D	L	I	W	J	Z	X	N
G	A	R	M	G	Y	Z	D	T	R	T	I	A	X
F	R	P	S	E	B	S	F	T	L	U	J	E	Z
T	R	Q	T	C	Z	P	I	E	C	R	H	R	S
P	O	L	E	K	B	W	S	N	X	T	X	V	D
S	T	D	R	O	C	Q	H	K	C	L	C	Y	H
I	J	T	G	G	L	F	G	G	L	E	Y	D	L

☐ PUPPY☐ BUNNY☐ FERRET☐ KITTEN☐ PARROT☐ COLLAR☐ HAMSTER☐ TURTLE☐ GOLDFISH☐ GECKO



Building Blocks

Find all 10 words. Up, down, diagonal, forward.

M	C	D	M	O	M	P	G	Z	U	P	K	B	F
D	R	D	E	C	C	T	K	I	J	S	E	O	K
M	T	J	N	S	C	F	C	I	M	N	U	S	K
U	I	E	C	R	I	L	Q	X	G	N	T	T	I
R	D	T	E	W	Q	G	S	I	D	A	P	V	W
G	Y	A	V	U	M	A	N	A	C	L	S	H	T
P	T	O	B	P	U	E	T	K	A	T	A	N	S
E	B	A	Y	P	E	I	I	S	U	V	T	A	L
G	S	Z	V	R	O	S	T	R	H	P	O	B	B
E	L	Q	H	N	W	I	D	X	D	Y	W	U	A
Q	S	U	Y	E	C	Y	H	H	H	Z	E	K	S
E	P	C	U	Z	M	F	N	S	O	V	R	A	F
H	I	C	B	T	A	L	L	U	O	Z	V	N	A
R	A	L	H	P	Y	N	M	Y	H	E	A	C	D

- ☐ STACK
- ☐ TOWER
- ☐ FOUNDATION
- ☐ PLASTIC
- ☐ CREATE
- ☐ DESIGN
- ☐ ENGINEER
- ☐ BASE
- ☐ STURDY
- ☐ TALL



Music Class

Find all 10 words. Up, down, diagonal, forward.

H	I	X	C	O	J	C	S	F	B	H	R	B	U
S	P	T	O	J	B	T	E	M	P	O	X	X	G
V	I	B	U	M	P	M	E	L	O	D	Y	O	F
F	D	N	R	N	H	E	P	W	I	Y	I	Q	G
F	R	R	G	R	E	W	G	P	I	A	N	O	O
Q	U	H	H	E	H	P	U	F	S	R	C	J	H
I	M	H	B	X	R	Y	D	K	L	A	C	G	D
M	S	Z	A	M	H	H	T	S	V	C	T	X	C
Y	V	L	C	S	L	M	T	H	O	Z	G	Q	H
U	I	W	S	Q	B	A	F	V	M	U	B	D	O
J	K	U	Q	A	G	C	I	Q	I	C	P	H	R
H	T	Q	P	E	E	R	E	T	N	P	V	R	D
B	H	I	S	L	X	R	A	H	F	O	K	W	U
F	N	I	A	V	Y	R	Y	K	G	H	I	Z	C

☐ RHYTHM☐ STAGE☐ SINGER☐ MELODY☐ GUITAR☐ TUNE☐ CHORD☐ PIANO☐ TEMPO☐ DRUMS



Art Supplies

Find all 10 words. Up, down, diagonal, forward.

F	M	O	N	V	H	F	O	E	X	W	D	B	O
G	C	H	A	R	C	O	A	L	H	X	O	J	I
T	A	N	J	G	X	J	J	K	P	Z	S	O	Z
N	H	B	Z	C	L	A	Y	F	N	P	U	Q	E
W	G	V	T	U	S	P	J	V	R	A	H	T	A
P	S	K	E	T	C	H	G	N	C	L	C	C	S
X	A	T	A	O	A	A	F	A	F	E	E	X	E
O	K	I	J	E	Y	M	N	B	V	T	R	J	L
D	Q	Q	N	V	B	V	R	C	T	T	F	N	Q
M	I	V	W	T	A	U	Y	L	O	E	P	Q	O
N	B	T	X	S	S	X	V	Y	N	L	S	L	P
K	Y	X	L	H	T	E	C	B	I	V	O	S	B
I	N	I	K	P	A	P	A	S	T	E	L	R	O
K	L	D	H	P	X	M	X	G	C	J	I	K	H

☐ BRUSH☐ SKETCH☐ COLOR☐ CANVAS☐ CHARCOAL☐ PAINT☐ PALETTE☐ CLAY☐ EASEL☐ PASTEL



In the Cafeteria

Find all 10 words. Up, down, diagonal, forward.

Z	Y	J	H	H	E	R	B	U	Q	M	K	Y	Z
Z	O	F	W	L	N	L	X	F	D	K	O	V	H
N	L	W	U	G	F	N	B	J	M	F	C	P	G
B	Q	N	Y	H	N	R	A	C	K	H	T	E	P
R	C	H	Q	K	E	M	S	P	M	I	L	K	O
H	P	X	K	A	B	T	E	N	K	K	A	D	U
B	A	A	D	E	T	R	R	P	A	I	B	B	T
A	S	X	W	E	U	A	S	D	I	C	N	A	B
F	T	J	D	Z	Z	Y	A	W	S	B	K	F	X
L	A	R	W	D	B	M	L	C	I	O	J	D	D
R	W	F	D	I	T	F	A	G	F	R	U	I	T
X	J	N	Z	A	A	C	D	H	S	P	M	P	H
K	B	P	L	I	J	I	C	G	Q	R	W	Y	M
W	Y	Z	U	Q	O	N	U	E	N	C	O	V	R

☐ LUNCH☐ SOUP☐ SNACK☐ TRAY☐ PASTA☐ NAPKIN☐ SALAD☐ MILK☐ FRUIT☐ BREAD



Spring Things

Find all 10 words. Up, down, diagonal, forward.

S	M	U	P	G	R	A	S	S	A	R	G	Z	I
I	T	I	O	I	S	V	D	A	K	C	C	U	R
J	Q	D	Z	H	B	U	V	A	C	Y	T	M	M
W	W	H	H	U	H	O	N	T	I	B	G	D	Z
R	P	F	N	J	B	D	V	S	S	S	U	N	R
E	G	N	V	C	D	R	W	Z	H	U	Y	W	N
S	Y	P	F	L	O	W	E	R	S	I	L	B	F
P	G	W	M	O	V	B	P	E	R	X	N	S	X
J	G	A	R	D	E	N	C	Y	Z	O	S	E	T
G	C	R	T	C	X	G	A	X	Z	E	F	F	K
E	Q	M	B	V	B	U	T	T	E	R	F	L	Y
M	X	T	N	A	J	E	G	K	J	M	Z	C	L
Y	U	H	R	F	T	U	L	I	P	N	G	M	A
I	E	Y	Z	A	U	K	O	P	N	L	R	C	F

☐ FLOWERS☐ GARDEN☐ DAISY☐ SUNSHINE☐ GRASS☐ WARMTH☐ BREEZE☐ BUTTERFLY☐ BUNNY☐ TULIP

Draw a creature that lives in the clouds.

It can have anything — wings, gills, tails, hats.

DRAW HERE

Design your dream playground.

Include at least 3 things that don't exist yet.

DRAW HERE

Draw the inside of a robot's head.

What's in there? Gears? Cookies? Tiny librarians?

DRAW HERE

Create a brand-new sport.

Sketch the field, equipment, and the trophy.

DRAW HERE

Draw a doorway to another world.

What's on the other side?

DRAW HERE

Design a treehouse for your favorite animal.

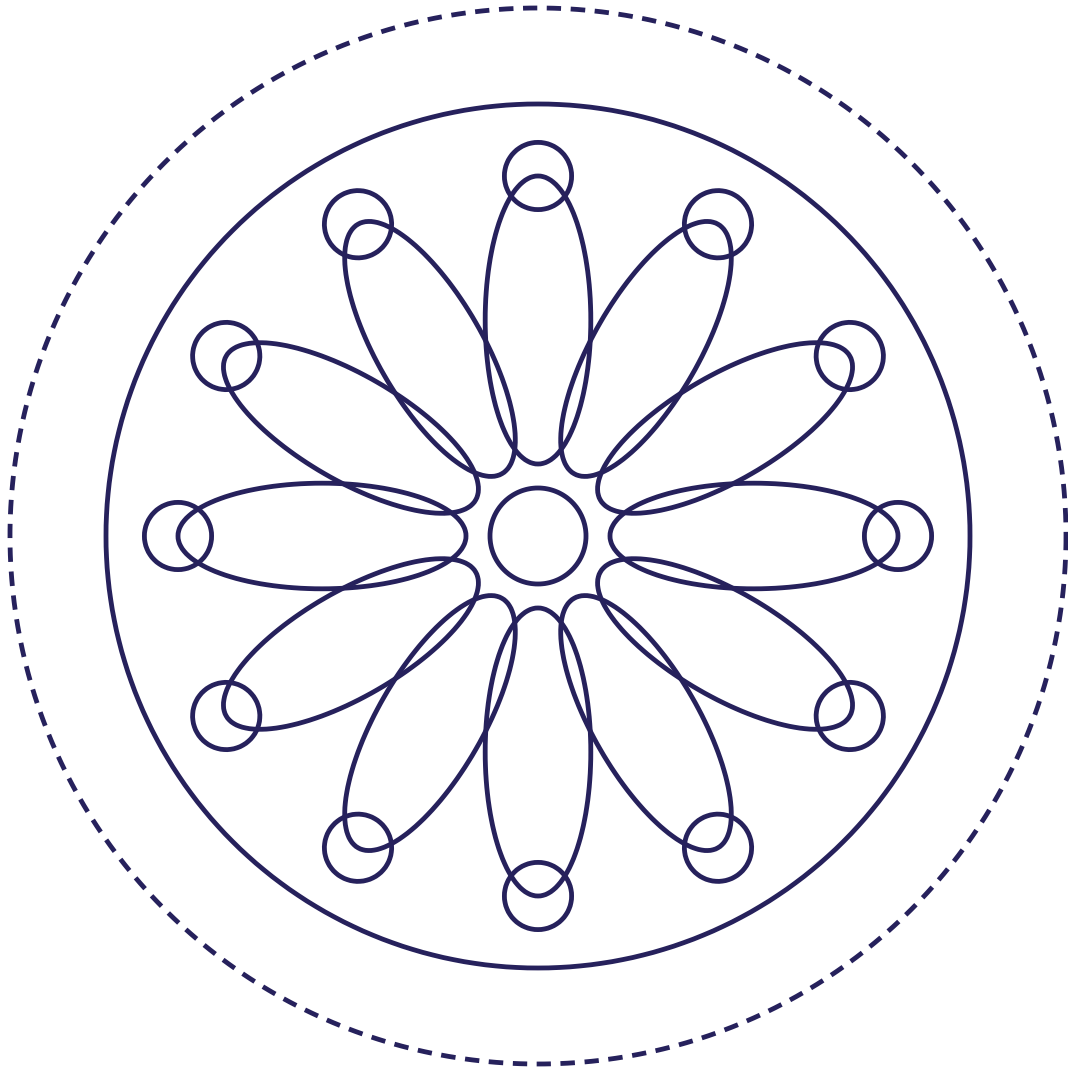
Bonus: draw the animal moving in.

DRAW HERE

 DRAW ZONE · COLOR ME IN

Mandala

Take your time. Pick colors that feel calm.



Solve These Riddles



RIDDLE #1

I have keys but no locks. I have space but no rooms. You can enter but can't go inside. What am I?

Answer: A keyboard. (don't peek!)



RIDDLE #2

What has cities but no houses, mountains but no trees, water but no fish?

Answer: A map. (don't peek!)



RIDDLE #3

I'm tall when I'm young and short when I'm old. What am I?

Answer: A candle. (don't peek!)



RIDDLE #4

What gets wet while drying?

Answer: A towel. (don't peek!)

Solve These Riddles



RIDDLE #5

The more you take, the more you leave behind. What are they?

Answer: *Footsteps.* (don't peek!)



RIDDLE #6

I have a head and a tail, but no body. What am I?

Answer: *A coin.* (don't peek!)



RIDDLE #7

What goes up but never comes down?

Answer: *Your age.* (don't peek!)



RIDDLE #8

I'm always in front of you, but you can never see me. What am I?

Answer: *The future.* (don't peek!)

Three Friends, Three Pets

Alex, Sam, and Riley each have one pet. The pets are a dog, a cat, and a parrot. Use the clues:

- Sam does **not** have the dog.
- Riley is allergic to cats.
- Alex's pet can **talk**.

	Dog	Cat	Parrot
Alex			
Sam			
Riley			

✓ **ANSWER:** Alex = Parrot · Sam = Cat · Riley = Dog

Lunchbox Mix-Up

Four kids — Ava, Ben, Cleo, Dev — each brought a different lunch (pizza, sandwich, sushi, salad). Use the clues:

- Ava's lunch came in a **round** container.
- Ben's lunch is **cold**.
- Cleo doesn't eat **cheese**.
- The sushi belongs to Ben.

	Pizza	Sandwich	Sushi	Salad
Ava				
Ben				
Cleo				
Dev				

✓ **ANSWER:** Ava = Pizza (round) · Ben = Sushi · Cleo = Salad · Dev = Sandwich

Get Up & Reset

8 quick games that don't need any equipment.



Stretch Routine

Lead 5 stretches: reach up, side to side, toe-touch, shoulder rolls, neck rolls. 30 sec each.



Silent Charades

One kid acts out an emotion. Class guesses. 5 rounds.



Hop Count

Hop on one foot 10x. Switch. Repeat. Anyone losing balance = restart.



Mirror Partner

Partner up. One leads slow movements, other mirrors. Swap.



Freeze Dance

Play music. Dance. Pause music = freeze in place. Last to freeze sits.



Snake Walk

Line up. Hands on shoulders. Leader weaves through the room. Don't break the snake!



Animal Walk

Pick an animal. Move like it across the room. Bear crawl, crab walk, frog jump.



60-Second Plank

Plank position. Hold. Anyone breaking form starts over. Build endurance.



GROUP ZONE • GAME 1 OF 3

4 Corners

 10–15 min



Whole class

Setup: Label the 4 corners of the room with numbers 1–4.

How: One student is "It" and stands in the center with eyes closed. The rest walk quietly to a corner. "It" counts to 10 then calls a number. Anyone in that corner sits out. Last student standing is the new "It".

Variations: Use colors instead of numbers · Use math problems where the answer is the corner number · Use country names matched to flag colors.

Categories

 10 min

 Whole class, in a circle

Setup: Pick a category (animals, foods, sports, movies).

How: Going around the circle, each kid names something in that category — no repeats. Anyone who pauses too long (5 seconds) or repeats sits out. Last standing picks the next category.

Tip: Use a soft beanbag passed around to mark whose turn it is.



GROUP ZONE · GAME 3 OF 3

Heads Up, 7 Up

 15–20 min



Whole class

Setup: Pick 7 students to stand at the front.

How: Class puts heads down on desks, eyes closed, one thumb up. The 7 students walk through the room and each presses down ONE thumb. They return to the front. Teacher calls "Heads Up, 7 Up!" Anyone whose thumb was pressed stands and guesses who pressed it. Correct guess = swap places. Game continues with new pickers.

Why it works: Quiet, fair, classic — kids love this one.

⚡ ONE-CLICK BRAIN BREAK

Free Spinner Tool

Want a random brain break in 1 click? We built a companion tool.



Brain Break Spinner

Project this on your smartboard. Spin once. Class does the activity together. 12 activities pre-loaded.

notjustapuzzle.com/brain-break-spinner

⚡ MORE FREE TEACHER TOOLS

- **Word Search Maker** — paste your words, get a printable puzzle
- **Word Search of the Day** — new puzzle daily, bookmark for indoor recess
- **Maze Generator** — adjustable difficulty, print or save
- **Conversation Starter Shuffler** — random discussion prompts
- **Memory Match** — classroom-ready card game

All free at notjustapuzzle.com