

⚡ NOT JUST A PUZZLE · TEACHER RESOURCE

HOLIDAY EDITION · K-8



VALENTINE'S DAY BRAIN- BREAK PACK

Friendship + kindness activities for February 14.

📋 4 WORD
SEARCHES

🎨 3 DOODLE
PROMPTS

🧠 BRAIN TEASERS +
LOGIC

👥 GROUP
ACTIVITY

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About this pack

The **Valentine's Day Brain-Break Pack** is a print-and-go classroom pack of activities, puzzles, and prompts themed for the week of this holiday.

Inside: **4 themed word searches**, **3 doodle prompts**, **2 brain teasers**, **1 logic puzzle** (with answer), and **1 whole-class group activity** with full instructions.

Use the whole pack as a one-week rotation, or pull individual pages as fillers between lessons. K-8 friendly.

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Valentine Words

Find all 10 words.

W	V	O	R	J	N	P	Z	I	Y	D	F	G
X	W	Z	K	N	Y	Z	F	R	I	E	N	D
F	G	S	L	I	H	H	E	A	R	T	T	H
V	L	S	C	U	N	L	L	B	T	E	O	H
G	I	O	O	N	P	D	C	R	R	A	D	Y
Q	I	T	W	C	M	T	N	P	R	V	G	J
E	H	Z	A	E	I	U	C	E	X	F	S	C
D	J	R	A	B	R	N	Q	A	S	I	P	N
E	D	I	N	C	V	S	I	C	N	S	Y	L
S	U	H	Z	D	S	W	E	E	T	D	O	N
M	L	E	T	T	E	R	T	V	D	V	Y	T
T	V	U	R	G	Q	T	C	P	E	H	C	G
R	C	U	P	I	D	E	S	J	B	T	N	X

☐ LOVE

☐ FLOWERS

☐ CUPID

☐ HEART

☐ CANDY

☐ CARDS

☐ FRIEND

☐ LETTER

☐ KINDNESS

☐ SWEET

Things I Love

Find all 10 words.

E	X	P	F	G	A	M	E	S	N	R	E	D
N	F	H	E	M	C	K	K	F	T	I	C	Z
E	G	Y	G	Z	F	T	H	U	P	I	X	D
T	B	C	M	A	K	F	A	M	I	L	Y	P
G	Q	V	R	L	X	M	D	I	B	A	V	T
U	L	T	F	N	J	V	V	D	R	V	Z	Z
M	N	L	A	U	G	H	T	E	R	A	R	B
U	B	W	G	R	E	A	D	I	N	G	Y	E
S	Q	F	S	A	F	R	I	E	N	D	S	G
I	P	F	O	O	D	W	O	J	I	U	B	I
C	B	M	Q	L	B	J	D	E	P	L	C	Z
P	E	T	S	J	T	S	F	M	D	P	X	O
S	W	W	O	S	U	N	S	H	I	N	E	V

☐ FAMILY

☐ PETS

☐ GAMES

☐ FRIENDS

☐ LAUGHTER

☐ FOOD

☐ READING

☐ SUNSHINE

☐ MUSIC

☐ ART

Sweet Treats

Find all 10 words.

E	C	H	O	C	O	L	A	T	E	S	G	G
C	H	F	S	A	J	K	K	V	U	L	N	C
M	C	D	R	K	P	H	H	N	I	N	I	U
F	O	H	T	O	S	H	D	Z	S	F	A	P
L	O	Q	T	F	S	A	R	T	L	I	N	C
P	K	U	A	O	E	T	R	A	O	Q	I	A
Q	I	U	M	I	F	A	I	I	N	L	X	K
U	E	J	F	T	W	F	U	N	K	R	H	E
C	J	M	F	B	V	P	E	X	G	A	E	D
O	E	P	E	M	Q	Y	N	E	P	D	A	U
S	P	R	I	N	K	L	E	S	G	V	R	K
R	R	C	A	N	D	Y	C	I	X	I	T	F
Y	H	I	K	H	H	A	A	W	Z	A	D	D

☐ CHOCOLATE

☐ STRAWBERRY

☐ SUNDAE

☐ CANDY

☐ FROSTING

☐ TOFFEE

☐ CUPCAKE

☐ HEART

☐ COOKIE

☐ SPRINKLES

Kindness Words

Find all 10 words.

L	P	A	T	U	O	T	C	Z	N	E	W	A
I	V	X	D	U	L	U	C	A	P	J	C	T
P	G	U	P	U	I	H	B	S	R	B	J	H
A	E	W	K	H	S	F	T	Q	T	I	E	M
T	N	Y	K	M	T	K	I	G	I	L	N	D
I	T	N	J	U	E	O	Y	J	P	A	F	G
E	L	H	S	S	N	B	E	F	U	F	R	V
N	E	H	F	H	I	C	U	D	M	M	I	A
T	W	O	N	A	N	L	L	K	K	X	E	C
R	A	N	B	R	G	T	S	I	C	R	N	W
N	R	E	L	I	X	U	N	B	W	V	D	C
H	M	S	X	N	C	D	Y	B	F	O	L	V
N	A	T	U	G	C	L	T	L	H	M	Y	Q

☐ KIND

☐ LISTENING

☐ WARM

☐ HELPFUL

☐ PATIENT

☐ HONEST

☐ CARING

☐ GENTLE

☐ SHARING

☐ FRIENDLY

Design a Valentine for someone you've never given one to.

A teacher? A grandparent? The lunch lady?

DRAW HERE

Draw your favorite friendship in 5 small panels.

A comic, basically.

DRAW HERE

♥ DOODLE PROMPT 3 OF 3

Sketch what kindness LOOKS like.

Hard one. Be creative — it doesn't need to be literal.

DRAW HERE

Solve These Riddles



RIDDLE #1

I have words inside me but never speak. I'm sealed with a kiss. What am I?

Answer: A love letter.



RIDDLE #2

I melt in your hand but you eat me anyway. What am I?

Answer: Chocolate.

Valentine Card Exchange

Four friends — Asha, Beni, Cira, Dax — each gave a Valentine to a different friend in the group. No one received their own card. Use the clues:

- Asha gave hers to a girl.
- Beni didn't give to Asha.
- Cira gave hers to Dax.
- Dax gave his to Asha.

YOUR WORK / GRID

✓ **ANSWER (don't peek!):** Cira→Dax · Dax→Asha · Asha gave to a girl, so Asha→Beni or Cira. Asha→Cira (since Cira got nothing else assigned). Beni gave to whoever's left: Beni→Cira... but Cira already gets Asha's. So Beni→ the only one without a card: Beni gets none assigned yet. Try: Asha→Beni, Beni→Cira, Cira→Dax, Dax→Asha. Asha gave to Beni (a girl: ✓), Beni didn't give to Asha (gave to Cira: ✓). All conditions met.

♥ GROUP ACTIVITY

Compliment Lap

🕒 10 min

👥 Whole class, in a circle

How: Sit in a circle. Each kid turns to the person on their right and gives one specific, behavior-based compliment. Not "you're nice" — "you helped me find my pencil yesterday and didn't make a big deal of it."

Why it works: Real, specific compliments land harder than generic ones. By the end, everyone has given AND received one.

Variation: Anonymous version — write compliments on slips of paper. Teacher reads them aloud.



HAPPY VALENTINE'S DAY

Be a little extra kind this week. To classmates, to teachers, to the person at the front office. It costs you nothing and it makes someone's entire afternoon.